MASS SCHEDULE - Sacred Heart

Sat., Mar 7	**Vigil of the 3rd Sunday of Lent**
SH 5:30 PM	Int of Dr D'souza & Family From Bob and Mary Kelly.
Sun, Mar 8	**The 3rd Sunday of Lent**
SH 9:00AM	For all Parishioners.
12:00PM Latin	No Intention
Mon, Mar 9	**Mass at St. John the B. 8:00 AM**
Tues, Mar 10	**Lenten Weekday**
SH 8:00AM	Special Intention from Maria Raposo
Wed, Mar 11	**Mass at St. John the B. 8:00 AM**
Thu., Mar 12	**Lenten Weekday**
SH 8:00AM	Blessings For Kieran & Grace in their marriage from Ironside Family.
Fri, Mar 13	**Lenten Weekday**
SH 8:00AM	+Joan Ironside from Claudia, Angus Francis & family
Sat, Mar 14	**Vigil of the 4th Sunday of Lent**
SH 5:30PM	Int of Ryan & Lorain D'souza from Claudia, Angus Francis & Family
Sun, Mar 15	**The 4th Sunday of Lent**
SH 9:00PM	For all Parishioners.
12:00PM Latin	No Intention

Weekend of March 1

Mass	Attendance	Contributions
5:30pm Saturday & 9:00am Sunday	33 115	$ 1478.00
12:00pmSunday- (Latin) Feb 22	88	$ 845.00
Online donations:		$ 224.00
Total	236	$ 2547.00
Special donation: Fuel and Maintenance $185		
Thank you for your generosity and support!		

PASTOR'S MESSAGE

Dear Parishioners,

The Gospel readings for this weekend and next are wisely given to us by the Church, as they beautifully portray the process of conversion experienced by the catechumens. During these days, through the Scrutinies, they are getting ready for the sacraments at the Easter Vigil. This weekend we have the Gospel of the Samaritan Woman at the well. In this Gospel, Jesus asks the woman for a drink and at the same time He promises a drink ***"If you knew the gift of God*** (the Holy Spirit), ***and Who is saying to you 'Give me a drink'*** (the Messiah who sent the Holy Spirit), ***you would have asked Him and He would have given you living water"*** In the Scriptures, water symbolizes the Holy Spirit especially for two reasons: 1) because of its power to cleanse (as when you wash dishes, mop the floor, or take a shower), and 2) because of its power to give life (as when it rains, plants grow, animals quench their thirst). When Jesus says to the woman: ***"Give me a drink"*** Jesus is telling her that He (Jesus) wants to satisfy His thirst by requesting her faith (of the woman). If she believe in Him as Messiah, He would give her the Holy Spirit, that is the Living Water. The conversation develops as Jesus guides the woman little by little to open her eyes to see who He was. The woman was amazed by His teaching saying ***"I know that the Messiah is coming, the one called the Christ; when He comes, He will tell us everything"*** Now that everything is in place Jesus reveals Himself: ***"Jesus said to her: 'I am He, the one Who is speaking with you'"*** She believed in Jesus! Like the Apostles when they left their nets, now this woman left her water jar and went to announce to the town the Messiah. Let us ask this to the Blessed Virgin Mary that in this Lent season, we may leave our nets and jar of water (our jobs for a moment) and open our door to Jesus Who is coming to our souls, so that we may worship Him in Spirit and in Truth.

Fr. Gaston Giacinti, IVE

WEEKLY NEWS

Friday Adoration at Sacred Heart

Every Friday there is adoration of the Blessed Sacrament at Sacred Heart in reparation for the offences made to the Sacred Heart of Jesus from 1:30 to 6:30PM and confessions from 5:00 to 6:30PM.

Mass of St. Joseph, Thursday March 19 - On Thursday March 19 there will be no 8AM Mass but everyone is invited to the 11AM Mass at Sacred Heart with potluck after Mass to celebrate the feast day of St. Joseph.

Novena to St. Joseph Sunday March 10 to March 18

Prayer of the Holy Cloak

O Glorious Patriarch St. Joseph, you who were chosen by God above all men to be the earthly head of the most holy of families, we beseech you to accept us within the folds of your holy cloak, that you may become the guardian and custodian of our souls.

From this moment on, we choose you as our father, our protector, our counselor, our patron; and we beseech you to place in your custody our bodies, our Souls, all that we are, all that we possess, our lives and our deaths. Look upon us as your children; defend us from the treachery of our enemies, invisible or otherwise; assist us at all times in all our necessities; console us in the bitterness of our lives, and especially at the hour of our deaths. Say but one word for us to the Divine Redeemer whom you were deemed worthy to hold in your arms, and to the Blessed Virgin Mary, your most chaste spouse. Request for us those blessings that will lead us to salvation. Include us among those who are most dear to you, and we shall set forth to prove ourselves worthy of your special patronage. Amen.

Lenten Activities

The Way of the Cross – The way of the Cross will be guided every Friday during Lent, at Saint John the Baptist at 12:00 AM & at Sacred Heart at 6:30 PM, or if First Friday after the 6:30PM Mass.

Presentation for Lent March 21st and March 22nd

Fr. Gaston will present a PowerPoint on the chronology of the Gospel events, focusing on the week before the Passion, Passion Week, and the timeline of Christ's Passion, Death, and Resurrection. The presentation will include maps, times, and locations. All are welcome!

Saturday, March 21st – Sacred Heart Church, after the 5:30 PM Mass (in the basement)

Sunday, March 22nd – Saint John's, after the 10:30 AM Mass (in the basement).

Chrism Mass - Monday, March 25, 2024

2:00 PM Chrism Mass at the Cathedral of St. Peter-in-Chains

Holy Thursday April 2nd

6:00pm at Sacred Heart
8:00pm at Sacred Heart TLM
8:00pm at St. John

Good Friday April 3rd

12:00pm at Sacred Heart TLM
3:00pm at Sacred Heart
4:30pm at St. John

Easter Vigil April 4th

8:00pm St. John
8:00pm at Sacred Heart TLM

DIOCESAN & OTHER NEWS

35th Lift Jesus Higher Rally

March 14th 9:00am-5:30pm @Metro Toronto Convention Center for details, visit https://ljhr.ca/

Relic Saint Faustina At Our Lady of Mercy Bancroft

Sunday March 22, Mass 10:00 am Our Lady of Mercy, Bancroft will be welcoming a 1st class relic of St. Faustina. His Excellency Michael Brehl, C.Ss.R. , Bishop of the Diocese of Pembroke will be the main celebrant.

Journey Through Lent With Bishop Miehm

As we journey through Lent 2026, we are pleased to inform you that the Third Sunday of Lent video of the series titled "Journey through Lent" is now available on the CCCB website: https://www.cccb.ca/lent/

GOSPEL John 4:5-15, 19-26, 39a,40-42 of Sun Mar 8, 2026

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.)

The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water."

The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our father Jacob, who gave us the well, and with his children and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but the one who drinks of the water that I will give will never be thirsty. The water that I will give him will become in him a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

"I see that you are a Prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem."

Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth. "The woman said to him, "I know that the Messiah is coming" (who is called the Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Many Samaritans from that city believed in Jesus. So when they came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."

Pro - life Corner

Dear parishioners, you are invited to the "Pro-Life Hospital Walk" from 10-11a.m. on the first and third Saturdays of each month. Please join us in witnessing our faith and bring a friend!