

## MASS SCHEDULE - Sacred Heart

<b>Sat., Feb 22</b>	<b>Vigil of the 7<sup>th</sup> Sunday in OT</b> 5:30 PM For all parishioners.
<b>Sun., Feb 23</b>	<b>The 7<sup>th</sup> Sunday in OT</b> 9:00 AM For the Intentions of Eric and Marlaine Ramsbottom from Mary Ramsbottom / Latin 12:00PM Latin Mass.
<b>Mon., Feb 24</b>	<b>Ferial Weekday</b> St J 8:00 AM For Margaret Adamkowski from Stephen and Bonnie Jalsevac.
<b>Tues., Feb 25</b>	<b>Ferial Weekday</b> SH 8:00 AM For Pat Provosono for prayers answered from Frank & Diane Cullen.
<b>Wed., Feb 26</b>	<b>Ferial Weekday</b> St J 8:00 AM For the intentions of Shaw family.
<b>Thu, Feb 27</b>	<b>St. Gregory of Narek, Abbot, Doctor</b> SH 8:00 AM + Jim O'Grady from Martin Cullen.
<b>Fri., Feb 28</b>	<b>Ferial Weekday</b> SH 8:00 AM + Ron Cullen from Martin Cullen.
<b>Sat., Mar 1</b>	<b>Vigil of the 8<sup>th</sup> Sunday in OT</b> 5:30 PM For all parishioners.
<b>Sun., Mar 2</b>	<b>The 8<sup>th</sup> Sunday in OT</b> 9:00 AM + Etta Magdalene Lake from Ada Colacci and family. Latin 12:00PM Latin Mass

Weekend of February 16		
Mass	Attendance	Contributions
5:30pm Saturday	20	-
9:00am Sunday	53	-
5:00pm Sunday(Latin)	44	-
Online donations:		\$ 224
<b>Total</b>	<b>117</b>	<b>-</b>
Special donation		
<i>Thank you for your generosity and support!</i>		

## PASTOR'S MESSAGE

Dear Brothers and Sisters in Christ,

This week, I invite you to reflect on the Spiritual Exercises of St. Ignatius of Loyola, a powerful mean to order one's life and direct it towards God. As the title suggests—"Spiritual Exercises to Conquer Oneself and Regulate One's Life Without Determining Oneself through any attachment that is disordered"—these exercises lead us to interior freedom, allowing God to shape our lives according to His divine will. At the beginning of the Spiritual Exercises St. Ignatius presents to us the Principle and Foundation, which

calls us to recognize that we are creatures, created to praise, reverence, and serve God, and by doing so, to save our souls. Everything else in our lives, such as talents, relatives, wealth, etc... are given to us to obtain the end for which we have been created. Therefore, our use of them should be in proportion to the end for which we have been created.

Saint Ignatius structures the Exercises into four weeks: The First Week is the Principle and Foundation, Sin and the possible eternal destinies of our soul. The Second Week, the Life of Jesus is presented to us as a model to follow. In this week, the exercitant organizes and plans his life after Christ. In the Third Week, the Passion of Christ is presented to us to reinforced the purposes made in the Second Week. In the Fourth Week, the Resurrection of Christ is presented to us to know what awaits us after this life.

Spiritual Exercises have been a machine for making saints throughout many centuries. A great example are the Canadian Martyrs, who model their entire life after this retreat as can be seen in their writings.

Let us ask through their intercession and of our Blessed Mother, for all those who will participate in these Retreats in the coming weeks. God bless you Fr. Gaston Giacinti, IVE.

## WEEKLY NEWS

**Tax Receipts** The tax receipts will be ready for pick up next weekend at the entrance of the church. The Federal Government, CRA, has confirmed an extension for charitable donations. Parishioners may request, in writing or via email, to the parish office if they would like individual tax receipts for January and February 2025 to utilize in 2024. Receipts for these two months can be used in either 2024 or 2025.

### Ash Wednesday - March 5

8:00 am Mass at St. John the Baptist  
9:30 am School Mass at St. John the Baptist  
5:00 pm Mass at Sacred Heart  
7:00 pm Traditional Latin Mass at Sacred Heart

**Volunteers** The Diocese of Peterborough has required, that all volunteers in any capacity must be

screened through the Diocese Volunteer screening Program, so if you are a volunteer at either Sacred Heart or St Johns and have not been contacted yet for the screening, please reach out to Nithya Rozario @ 416 558 2562/ nithyavathi@gmail.com at the earliest or Ann Kennedy +17057428534.

**Spiritual Exercises** Fr. Gaston will be preaching Spiritual Exercises, which is a silence retreat following the method of St. Ignatius of Loyola for men, from Fri evening Feb. 28<sup>th</sup> - Sun Mar. 2<sup>nd</sup>.

Location: Fair Haven Conference Centre B2215 Durham Regional Hwy 48,  
Cost: \$250 individual room, \$200 shared room  
For registration, please contact Mother Almah.

### Friday Adoration at Sacred Heart

Every Friday there is adoration of the Blessed Sacrament at Sacred Heart in reparation for the offences made to the Sacred Heart of Jesus from 1:30 to 6:30PM and confessions from 5:00 to 6:30PM.

### Catholic Missionary Children Oratory

For Children 7-12 years old. Saturdays 10:30 AM to noon at St. John the Baptist. For info or to register contact Sr. Inmaculada at stjohndsacredheart@gmail.com

### Altar Boy Group at Sacred Heart

1st & 3rd Fridays of the Month, 6:15 - 8:30 PM.

### Sacred Heart Choir

All voices (including children aged 10+) are invited to join! No previous experience necessary. Please contact Christine by call or text at 343-369-8739 to learn more or to sign up.

### FORMED Sign-up

1. Visit Website – formed.org, select "Sign Up".
2. For Parish Name type in "Saint John the Baptist 300 Wilson Street" both parishes
3. Then after selecting the Church, click on "Next".
4. Fill in your name & email to create an account.
5. Then Select "Sign Up"

## DIOCESAN & OTHER NEWS:

### Message by the Most Rev. William T. McGrattan,

### Bishop of Calgary and CCCB President,

### praying for the health and recovery of Pope Francis

As President of the Canadian Conference of Catholic Bishops (CCCB), I wish to assure the faithful of Canada that I am united with my brother Bishops in praying for the full recovery of the Holy Father,

Pope Francis, as he continues to lead the Church with courage and a generosity of spirit.

I invite individuals, families, parishes, and all Catholic movements and associations in Canada to join their local Bishops in lifting up Pope Francis in their prayers and intentions.

May the Lord, through our Lady's powerful intercession, grant him renewed strength, health, and energy in his vocation to serve the Church as the Successor of Peter and the Vicar of Christ on earth.

### In Need of Rosaries?

Rosary Makers of St. Mary's Lindsay is looking for help determining locations we can distribute rosaries. Ideally we need to keep courier costs low as distance and volume increases costs.

If you can help out in a destination, ie missionary, and how to get rosaries to that destination please contact the parish office 705-324-4828 or office@stmaryslindsay.ca

## GOspel Luke 6.27-38 of Sunday February 23

Jesus said to his disciples: "I say to you that listen: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you.

"If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful.

"Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back."

