

MASS SCHEDULE - Sacred Heart

Sat., Jan 27 Vigil 4th Sunday in OT

5:30 PM For all parishioners

Sun., Jan 28 4th Sunday in Ordinary Time

9:00 AM Theresa Bowen

from Bob and Mary Kelly.

Latin Mass 5:00PM Latin Mass

Mon., Jan 29 Ferial Weekday

St J 8:00 AM + Darryl O'Toole

from neighbors at King George St.

Tue., Jan 30 Ferial Weekday

SH 8:00 AM + Veronica Voellmecke

from Stephen and Bonnie Jalsevac.

Wed., Jan 31 St. John Bosco, Priest

St J 8:00 AM For Martin Cullen from Claudia Francis.

Thu., Feb 1 Ferial Weekday

SH 8:00 AM For John Baptist Nguyen Duh Hugh

and for thanksgiving for his family

from Mary Tam.

Fri., Feb 2 The Presentation of the Lord

SH 8:00 AM In thanksgiving for Maria Sylvia Poquiz.

Sat., Feb 3 Vigil 5th Sunday in OT

5:30 PM For all parishioners.

Sun., Feb 4 5th Sunday in Ordinary Time

9:00 AM + Oscar Uson

from the Martignetti family.

Latin Mass 5:00PM Latin Mass.

Weekly Collection will be posted next week.

PASTOR'S MESSAGE

Dear Friends,

On February 2nd the Church celebrates the Feast of the Presentation of the Lord or also known as the Purification of the Blessed Virgin Mary – 40 days after the Nativity of Jesus. At the presentation of the Lord, Simeon the Prophet prophesies a prayer as he takes Jesus into his arms proclaiming Jesus Christ to be the light to the world when he says, "...a light for revelation to the Gentiles and glory for your people Israel." *Luke 2:22-40.*

These prophetic words announce Jesus as the light who has come into this world to dispel sin and darkness. Thus, feast reminds us of the gift of light that we have received through him. Traditionally, since about around the seventh century, candles have been blessed at the beginning of this Holy Mass of the Feast of the Presentation. This Mass is called the "Candlemas." The blessings of Candles also

remind us that we have received the light of grace and salvation from Christ – the one true light of the World. Similarly, as we receive the lite candle at our baptism from the Pascual candle (which represents Christ).

At this moment during the baptism the priest prays, "You have been enlightened by Christ. Walk always as a child of the light and keep the flame of faith alive in your hearts. When the Lord comes, may you go out to meet Him with all the Saints in the heavenly Kingdom." (*Rite of Christian Initiation of Adults*). We have all received the faith through Christ and we are all entrusted to keep the faith burning through: prayer, virtue and joy.

I like to give the comparison that just as a fire has three elements necessary to make a fire (the Fire Triangle): Fuel, Heat and Oxygen. If one of these three elements is missing a fire will never start or die away; so too is the light of our Faith. Fuel represents prayer, the more fuel (wood) you put into a fire the bigger the fire gets (*the more we pray the bigger our faith becomes*). Heat represents virtue, just as heat attracts us for *warmth (so does virtue attracts us all to Christ)*. Lastly, Oxygen represents Joy, for without oxygen a fire suffocates (*without joy we suffocate in our Christian obligations*).

Thus let us remember these Candle Mass our responsibly to care for our faith – the light entrusted to us. All parishioners are invited to bring candles to be blessed at the Candlemas on Friday, February 2nd, 8AM at or 6:30PM at Sacred Heart.

WEEKLY NEWS

Reminder

This Friday Feb 2, is first Friday – devotion to the Sacred Heart Mass at Sacred Heart parish 6:30PM. This Sat. Feb 3, is first Saturday – devotion to the Immaculate Heart of Mary Mass at St. John 8:30AM

St. John Bosco Free children's carnival at St. John Elementary School on February 3rd from 10:30AM – Noon prepared by our Children's Oratory. For more info contact Sr. Inmaculada stjohnandsacredheart@gmail.com

Feast of the Presentation of the Lord -Candle Mass

All parishioners are invited to bring candles to be blessed on Friday, February 2nd, 8AM or 6:30PM at Sacred Heart Church.

Palms for Ash Wednesday

Please bring in your palms so that they may be burned for Ash Wednesday. You can bring them to the church, office or give them to the sisters.

Shrove Tuesday Meeting

Last years Shrove Tuesday was a wonderful success! We are hoping to organize a Shrove Tuesday this year. Please consider volunteering for this year's Shrove Tuesday Supper on Feb. 13th 2024. We will have a meeting to organize the event on Tuesday, January 30th at Sacred Heart Church Basement at 11AM. If you can not attend the meeting please contact Fr. Alex Salazar at FrAlexSalazar@peterboroughdiocese.org

Support the parish through donations

In weekly Sunday colletions, using envelopes (feel free to pick one that does not have a name and fill all your info and phone # on your first donation), via pre-authorized offerings plans, please fill out a form. Thank you for your support.

Casting Call for 16th Annual Way of the Cross

Casting Call for ages 14-24 for the Peterborough Diocesan live Passion Play, Way of the Cross. Be part of the 16th edition on Good Friday (March 29th) of this year. Rehearsals are on Saturday, February 3rd at the St. Alphonsus Church Hall (810 Frank Street) at 10 AM. Call Fr. Stephen DeCarlo at 705-745-5123 or the director, Tom Wigglesworth at 705-313-9846 for details.

Catholic Young Adults Faith Night Saturday, Feb 3rd, 2024, 4:30-8PM Sacred Heart Parish

The Youth Office for the Diocese of Peterborough invites all Catholic young adults to join in a Catholic faith night at Sacred Heart Church. We will begin with a Holy Hour at 4:30 pm followed by Mass (fulfills Sunday obligation) at 5:30 pm and a free pizza social in the hall afterwards. We will be joined by the Young Rosary Prayer Warriors of Canada as well as youth from Radio Maria Canada!

Spiritual Exercise according to St. Ignatius of Loyola

(both in English and Spanish)

February 23-26th 2024 for Men

March 1-4th 2024 for Women

Location: Fair Haven Conference Centre

B2215 Durham Regional Hwy 48, Cost: \$300

To Fill out first inquiry please go to:

<https://forms.gle/i1kd7cqRSYdxzKJz7>

For questions or more Information please email Fr.

Alex Salazar at alexsalazar@ive.org

Friday Adoration at Sacred Heart

Every Friday there is adoration of the Blessed Sacrament at Sacred Heart in reparation for the offences made to the Sacred Heart of Jesus from 1:30 to 6:30PM and confessions from 5:00 to 6:30PM

Catholic Missionary Children Oratory

For Children 7-12 years old. Saturdays 10:30 AM to noon at St. John the Baptist. For info or to register contact Sr. Inmaculada at stjohnandsacredheart@gmail.com

Altar Boy Group at Sacred Heart

1st & 3rd Fridays of the Month, 6:15 - 8:30 PM.

Young Adult Group at Sacred Heart

Every 2nd, 4th and 5th Friday of the Month. Please join us at 6PM for 30 minutes of adoration followed by dinner in the basement hall, talk and games.

GOSPEL Mark 1.21-28 of Sunday January 28

The disciples went to Capernaum; and when the Sabbath came, Jesus entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God."

But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing the man and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching — with authority! He commands even the unclean spirits, and they obey him."

At once Jesus' fame began to spread throughout the surrounding region of Galilee.