

www.sacredheartpeterborough.ca
Pastor Fr. Salvador 705 933 8790
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MASSES

As of Monday, March 8, 2021, Peterborough Public Health Unit will be in RED ZONE and our Parish will continue to be open at 30% capacity. Sunday Masses and weekend Masses will be as normal.

-Sacred Heart of Jesus:

- Saturday 5:30 p.m.
Sunday 9:00 a.m.
Sunday Traditional Latin Mass 5:00 p.m.

-St John the Baptist

- Saturday: 4:00 p.m.
Sunday 10:30 a.m.

-Monday and Wednesday 8:00 a.m. at St. John the Baptist and Tuesday, Wednesday and Friday 8:00 a.m. at Sacred Heart of Jesus.

19 THINGS YOU MIGHT CONSIDER GIVING UP THIS LENT AND BEYOND CHOCOLATE (from Monsignor Keith Derouen)

Fear: God is on my side. In Him I am more than a conqueror. (See Romans 98)

The need to please everyone: I can't please everyone anyway. There is only one, Our Lord, I need to strive to please.

Envy: I am blessed. My value is not found in my possessions, but in my relationship with my Heavenly Father.

Impatience: God's timing is the perfect timing.

Sense of entitlement: The world does not owe me anything. God does not owe me anything. I live in humility and grace.

Bitterness and Resentment: The only person I am hurting by holding onto these is myself.

Blame: I am not going to pass the buck. I will take responsibility for my actions.

Gossip and Negativity: I will put the best construction on everything when it comes to other people. I will also minimize my contact with people who are negative and toxic and bring other people down.

Comparison: I have my own unique contribution to make and there is no one else like me.

Fear of failure: You don't succeed without experiencing failure. Just make sure you fall forward.

A spirit of poverty: Believe with God that there is always more than enough and never a lack.

Feelings of unworthiness: You are fearfully and wonderfully made by your creator. (see Psalm 139)

Doubt: Believe God has a plan for you that is beyond anything you could imagine. The future is brighter than you could ever realize.

Self-pity: God comforts us in our sorrow so that we can comfort others with the comfort we ourselves have received from God.

Retirement: As long as you are still breathing, you are here for a reason. You have a purpose to influence others for Christ. That does not come to an end until the day we die.

Excuses: A wise man once said, if you need an excuse, any excuse will do.

Lack of counsel: Wise decisions are rarely made in a vacuum.

Pride: Blessed are the humble.

Worry: God is in control and worrying will not help.

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WAY OF THE CROSS

-Sacred Heart of Jesus

- Friday at 6:30 PM (Right after the Eucharistic Benediction.)

-St. John the Baptist

- Thursday at 5:00 PM (for children, please come with your whole family.)
- Saturday at 3:30 PM

Continue at the back



EUCCHARISTIC ADORATION

EVERY FRIDAY from 1:30 p.m. to 6:30 p.m. at Sacred Heart of Jesus.

WEEKLY COLLECTION – February 28, 2021

Dear Parishioners thank you for your needed support! I really appreciate your efforts to keep our Church running and beautiful. May God bless your generosity.

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