



**HOLY WEEK SCHEDULE**

**March 29-31**  
**Confessions 4 – 6 pm at Sacred Heart**

**April 2\*: Good Friday**  
The Churches will be open at 9:00am for personal prayer or individual Stations of the Cross  
**Celebration of the Lord's Passion:**  
at Sacred Heart 3:00 pm / at St John's 3:00 pm  
Confessions at St. John 4:00 pm  
"Mother of Sorrows" Rosary & Meditation at St. John 7:00 pm



**April 4: Easter Sunday:**  
at Sacred Heart 9:00 am / at St John 10:30 am / Latin Mass at Sacred Heart 1:00 pm

**How to make a good CONFESSION**

Through this Sacrament, Christ forgives the sins that the members of his Church commit after baptism.

*Before confession*

1. Try to remember the sins you committed since your last good confession.
2. Be sorry for your sins.
3. Have the intention to sin no more.

*At confession with a priest*

4. Telling the priest when your last good confession was. Then confess your sins simply and honestly.
5. Listen to the advice and the penance. (Do your penance after you come out of the confessional, as soon as possible.)
6. Finally, express your sorrow for the sins confessed in an **Act of contrition.**

A PRIMER FOR CONFESSION BY FR. F. L. MILLER, S.T.D

**Brief explanation of HOLY WEEK**

**Palm Sunday**, is also called Passion Sunday. Christ's triumphal entry into Jerusalem before His Passion is commemorated in every liturgy today.

Just as the Christians in Jerusalem relive the events today in their historic setting, we recreate the first Palm Sunday for ourselves.

The celebrant wears red Mass vestments in honor of Christ our King.

**Holy Monday- Wednesday:** The Gospels of the Masses focus on Jesus' words and actions during this time of His life: on Monday, we read of His anointing by Mary Magdalene at Bethany; on Tuesday and Wednesday, we read of His Last Supper discourse excerpts concerning His betrayal. The term "Spy Wednesday" originated in the belief that Judas spied on Christ this day to know the opportune time to betray Him.

The Holy Week spirit can be strengthened by attending Mass on these days and listening attentively to the readings.

The **Easter Triduum** begins with the Evening Mass of the Lord's Supper.

**Holy Thursday** is the anniversary of the Lord's Supper when Jesus ate the Passover meal with His apostles. It was then that He *instituted the Eucharist*, which is Sacrament, Sacrifice and Memorial. He commanded His *first priests* to repeat this action as a Memorial to Him. IT was also then that He washed their feet and gave us an example and command of brotherly love.

*Unselfish love* is the theme of this day. It should contain works of mercy, care and concern in response to Christ's words, "I give you a new commandment: love one another". (John 13:34)

The altar of sacrifice is stripped in silence and the crucifix covered or removed from the sanctuary. Masses will not be offered again until the Easter Vigil Service.

**Good Friday:** Today the Church celebrates the Passion and Death of her Lord.

The celebrant wears red Mass vestments to honor the Lamb whose blood saves us. Christians of earlier centuries venerated the true cross. Yet every image of the cross visibly brings to mind Him who suffered and died for us. The liturgy reaches its high point in the arrival of the cross. If veiled, it is presented to the celebrant who unveils it. Three times he proclaims "Behold the wood of the Cross on which hung the salvation of the world". Each time we kneel and respond, "Come, let us adore".

**Holy Saturday:** The Church carries today at the Lord's tomb, meditating on His Passion and Death. She refrains from all ceremony until nightfall. During the night-watch (Vigil Service) sorrow and mourning Give way to joy and celebration.

The *Easter Vigil Service* is the high point of the entire liturgical year. Easter is the SOLEMNITY OF SOLEMNITIES, and this most ancient vigil is the "Mother of all holy vigils."

The Easter Vigil begins in darkness. Christ, the Son of the Living God is the Light of the World who dispels the darkness through His Passion, Death and Resurrection. He wants to shine His radiant light upon us so we might bear this light to others. Let us prepare ourselves to welcome Christ our Light and celebrate this Solemnity in great joy.

**Easter Sunday:** THE LORD IS RISEN! ALLELUIA! Our joy has been made complete. The tomb is empty. Christ has returned in the glory of the Resurrection. We try to express our ecstasy by fully participating in the Church's Easter celebrations. And if we understand the meaning of Easter we will continue to rejoice in it Sunday after Sunday . . . forever. Dare we return to the tomb of half-hearted Christian living? Part of the mystery of Easter is the many ways in which the tomb of death is empty.

**April 1: Holy Thursday**  
Confessions at St John's 5:00 pm  
**Mass of the Lord's Supper:**  
at Sacred Heart 7:00 pm / St John's 7:00 pm

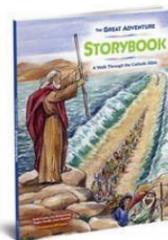
*It is the tradition of the Church to accompany Our Lord in adoration and prayer as he enters into his on Holy Thursday.* Due to pandemic measures, this year our Eucharist Vigil will be held in the parking lot of Sacred Heart after Mass until midnight. Pandemic restrictions related to outdoor religious gatherings will be observed.

**April 3\* Easter Vigil** at Sacred Heart 8 pm.  
*Three adults will receive Sacraments of initiation!*

*\*In April there will be no First Friday/Saturday Masses*

Week of March 27 <sup>th</sup> – April 1 <sup>st</sup> Mass Intentions	
Saturday	For all parishioners
Sunday 9am	Living and deceased members of Sacred Heart Auxiliary from Sacred Heart Auxiliary
Sunday 1pm	All aborted and unborn souls
Monday at St. John	Spiritual Welfare of George Romero
Tuesday	Fr. Leo Maillet from Fergus and Ruth Anne Deveraux & Family
Wednesday at St. John	All souls in purgatory
Thursday	Deceased members of Landriault Family by Dolly Bolger
Friday	* * *

**Parishioner-to-Parishioner BOOK RECOMMENDATION**



Our girls love reading the "The Great Adventure Storybook" \* as a family and it is often their book of choice at bedtime. It introduces the Bible in a way that is engaging and easy to understand. One feature we really like is the rosary bead symbol. The symbol is found beside the Bible story for each of the twenty mysteries. We like being able to read the stories while praying the rosary so the girls have a better understanding of each mystery. It also has a cross symbol that is found next to the Bible story for each of the seven sacraments. There are other features of the book that we will use as our girls get older including conversation starter questions. We would recommend this book for any family looking to learn the Bible together in a kid friendly way.

Katie Maloney, parishioner of Sacred Heart

\* At St. John's office there are a couple of copies available. To purchase please come by the parish office after Mass.