



SACRED HEART OF JESUS

CATHOLIC CHURCH

www.sacredheartpeterborough.ca

Office Sr. Krolowa 705 745 7631

Fifth Sunday of Lent

March 21, 2021

MARCH '21						
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

March 25: Feast of The Annunciation: 8:00 am Holy Mass Anniversary of foundation of the IVE priests.

March 26: Stations of the Cross at Sacred Heart 6:30 pm

March 27: Stations of the Cross at St. John 3:30 pm

Palm Sunday Mass:

at St John 4:00 pm / at Sacred Heart 5:30 pm

March 28: Palm Sunday Mass:

at Sacred Heart 9:00 am / at St John 10:30 am

& Traditional Latin Mass at Sacred Heart 5:00 pm

March 29-31 Confessions 4 – 6 pm at Sacred Heart



APRIL '21						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

April 1: Holy Thursday:

Confessions at St John's 5:00 pm

Mass of the Lord's Supper:

at Sacred Heart 7:00 pm / St John's 7:00 pm



April 2*: Good Friday

Celebration of the Lord's Passion:

at Sacred Heart 3:00 pm / at St John's 3:00 pm

Confessions at St. John 4:00 pm

"Mother of Sorrows" Rosary & Meditation at St. John 7:00 pm



April 3* Easter Vigil at Sacred Heart 8 pm. Three adults will receive Sacraments of initiation!

April 4: Easter Sunday:

at Sacred Heart 9:00 am / at St John 10:30 am

& Traditional Latin Mass at Sacred Heart 5:00 pm

***In April there will be no First Friday/Saturday Masses**



Week of March 22 nd – 26 th Mass Intentions	
Saturday	For all parishioners
Sunday	For Myrtle, Vincent and Darryl White
Monday at St. John	✠ Horace Joseph
Tuesday	For Lila Brown.
Wednesday at St. John	✠ Julie Parker.
Thursday	For Al McGreevy.
Friday	In thanksgiving from a parishioner.

FEAST OF THE ANNUNCIATION

March 25

Join us to celebrate at 8:00 am the Holy Mass of the feast of the Annunciation and the anniversary of foundation of the priests of the Institute of the Incarnate Word.



WEEKLY COLLECTION – for March 13th-14th

Offertory	\$ 1,165.20
Fuel and Maintenance	\$ 90.00
Other Lenten Charities	\$ 30.00

How often SHOULD A CATHOLIC GO TO CONFESSION?

Catholics are obliged to confess grave sins at least once a year, but in most cases, Catholics need to confess their grave sins on a more regular basis.

According to Canon Law the bare minimum is **once a year**.

After having reached the age of discretion, each member of the faithful is obliged to confess faithfully his or her grave sins at least once a year. (Canon 989)

However, this requirement is tied to the reception of Holy Communion, as the *Catechism of the Catholic Church* explains.

*The second precept (“You shall confess your sins at least once a year”) ensures **preparation for the Eucharist** by the reception of the sacrament of reconciliation, which continues Baptism’s work of conversion and forgiveness. (CCC 2042)*

With this in mind, the *Catechism* further explains that in order to properly receive Holy Communion, one must **always** confess grave sins **beforehand**.

“Anyone conscious of a grave sin must receive the sacrament of Reconciliation before coming to communion. (CCC 1384-1385)

Basically, you are “required” to go to confession once per year, **if** you intend on receiving Holy Communion **once** per year. On the other hand, if you desire to receive Holy Communion on a **weekly** or **daily** basis, then you will need to go to confession **every time** you are “conscious of grave sin.”

It is recommended, though not required, to confess **venial** sins; this is often the reason why Catholics will go to confession on a weekly or monthly basis.

In the end, confession is a beautiful sacrament of God’s mercy and **should not be looked at as a “requirement,” but as an “opportunity” to receive God’s love**. It gives us the ability to repair our relationship with God and with the Church, opening us up to a shower of God’s grace.

We should confess because we love God, not because we “have to,” though the requirements are there to lead us along the path of eternal life.

<https://aleteia.org/2020/07/21/how-often-should-a-catholic-go-to-confession/>